VECTORRA

# Full-Day Multi-Activity

An action-packed day with four different adventure activities: climbing, rafting, mountain biking, and high ropes. Designed for groups seeking maximum variety and adrenaline. Includes transitions, meals, and equipment logistics for each activity.

## Day 1 — Multi-Activity Adventure

### Day Overview

Info

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| Description: | Packed adventure day with four activities across two venues. Total active time approximately 8.5 hours. Each activity includes its own safety briefing and equipment fitting. Transitions between venues are built into the schedule. High fitness not required — each activity has adjustable difficulty levels. |
| Group Size: | 6–10 participants, 2 guides |
| Fitness Requirement: | Good — four activities back to back in one day |

### Transfer to First Venue

Transport

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|---|---|
| Description: | Drive to the climbing and high ropes venue. All equipment provided on site. Wear comfortable athletic clothing that allows full range of movement. Closed-toe shoes required for all activities. |
| Duration: | 30 min |
| Start Time: | 07:30 |

### Rock Climbing or Via Ferrata

●●●○○ Challenging

Activity

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|---|---|
| Description: | First activity: outdoor rock climbing on natural rock or a via ferrata (iron path) route. Routes available from beginner (grade 3-4) to advanced (grade 6a-6c). Harnesses, helmets, and ropes provided. An instructor supervises all climbs and adjusts difficulty to each participant's comfort level. |
| Duration: | 2h 0min |
| Start Time: | 08:00 |
| Price: | 45 € |

### Climbing Route Details

Info

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| Description: | Route selection based on group ability: beginners start on the slab wall (low angle, large holds), intermediates on the vertical face, advanced climbers on the overhang section. Via ferrata alternative follows a fixed cable route along the cliff face — physically demanding but technically accessible. Harness fitting takes 15 minutes — factor this into start time. |

### Transfer Between Venues

Transport

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| Description: | Short drive to the river venue for rafting and the mountain bike trailhead. Change into water-appropriate clothing during the transfer. Store climbing gear in the vehicle. |
| Duration: | 20 min |

## White Water Rafting

Challenging · Activity

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|---|---|
| Description: | Second activity: guided white water rafting on a grade II-III river section. Wetsuits, helmets, and PFDs provided. The guide controls the raft and calls paddle commands — follow instructions precisely in rapids. Expect to get thoroughly wet. Waterproof camera recommended. |
| Duration: | 2h 0min |
| Price: | 55 € |

## Riverside Lunch

Meal

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| Description: | Lunch by the river after rafting. Change into dry clothes first. Hearty meal to refuel — burgers, wraps, or a barbecue depending on the venue. Rest and dry out equipment before the afternoon activities. |
| Duration: | 1h 0min |
| Price: | 15 € |

## Mountain Biking

Moderate · Activity

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| Description: | Third activity: mountain biking on forest trails. Rental bikes fitted to each rider. The route mixes flowing singletrack with wider fire roads — mostly descending or rolling to account for afternoon fatigue. The guide leads and sets a sustainable pace. |
| Duration: | 2h 0min |
| Distance: | 12.0 km |
| Price: | 35 € |
| Elevation Gain: | 250 m |

## Rest Break

Free Time

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| Description: | Short break between the third and fourth activities. Hydrate, stretch, and mentally prepare for the final challenge. Snacks and water available. |
| Duration: | 20 min |

## Zip-Line or High Ropes Course

Moderate · Activity

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|---|---|
| Description: | Final activity: zip-line across a valley or a high ropes course through the treetops. Harness and helmet provided. The course has progressive difficulty — easy platforms first, increasingly challenging obstacles. Participants can skip elements they are not comfortable with. A thrilling finish to the day. |
| Duration: | 1h 30min |
| Price: | 30 € |

## Afternoon Snack

Meal

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| Description: | Quick energy snack after the final activity — protein bars, fruit, nuts, and a cold drink. The body needs immediate fuel after a day this intense. |
| Duration: | 20 min |
| Price: | 8 € |

## Return Transfer

Transport

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| Description: | Drive back to accommodation. Collect all equipment and personal items from both venues. Double-check nothing is left in changing rooms or on the riverbank. |
| Duration: | 30 min |

## Equipment & Recovery Info

Description: Dry all wet gear overnight — wetsuits, shoes, and clothing. Return any rental items to the correct venues. Recovery: eat a large meal, drink plenty of water, and get to bed early. Tomorrow should be a rest day or very light activity.

## What's Included Info

Description: Two guides for the day, all transport between the four venues, every piece of technical equipment across climbing, rafting, biking and the ropes course — harness, helmet, wetsuit and buoyancy aid, bike, and via ferrata set — plus the riverside lunch and afternoon snack. Each activity is individually priced above so a shorter version of the day can be quoted by dropping one.

## What's Not Included Info

Description: Personal clothing and footwear for four different activities, which is more than most guests expect: shoes that grip on rock, shoes that can get soaked, and something dry for the drive home. Also excluded: breakfast and dinner, drinks beyond those with lunch, travel insurance, and gratuities for the guides and instructors.

## Insurance & Documents Info

Description: Travel insurance must cover all four activities. Rafting and via ferrata are separately excluded by many standard policies, so a policy covering climbing and cycling is not enough. You need to be comfortable in moving water for the rafting section and have a head for exposure on the via ferrata. Bring photo ID and your insurer's emergency number.