VECTORRA

# Alpine Day Hike

A full-day guided hike through alpine terrain with a summit lunch and scenic descent. Covers transport, trail conditions, and post-hike recovery. Great starting point for any single-day hiking itinerary.

## Day 1 — Alpine Day Hike

### Trip Overview Info

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| Description: | Full-day alpine hike covering approximately 11 km with 650 m elevation gain. The route follows well-marked trails through meadows and rocky terrain to a panoramic summit, returning via a gentler descent path on the southern side. Expect around eight hours from pickup to drop-off, of which four and a half are walking. |
| Group Size: | 4–10 hikers per guide |
| Fitness Requirement: | Moderate — 4.5 h walking, 650 m ascent |

### Transfer to Trailhead Transport

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| Description: | Drive or shuttle transfer from accommodation to the trailhead parking area. The road is paved but narrows in the last section — arrive early for parking in high season. The price covers the return leg as well. |
| Duration: | 1h 0min |
| Price: | 35 € |
| Start Time: | 07:00 |

### Morning Ascent ●●○○○ Moderate Activity

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| Description: | Steady climb from the trailhead through alpine meadows and into rocky terrain above the treeline. The trail gains elevation gradually for the first hour, then steepens for the final push to the summit ridge. Trekking poles recommended for the upper section. |
| Distance: | 6.0 km |
| Elevation Gain: | 650 m |
| Hiking Time: | 2h 30min |
| Start Time: | 08:00 |

### Trail Conditions Info

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| Description: | Upper section crosses exposed rocky terrain with some loose scree. Fixed cables assist on two short steep passages. Trekking poles strongly recommended. The trail can be slippery when wet — consider microspikes in early season when snow patches remain. |

### Summit Lunch Meal

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| Description: | Packed lunch at the summit or a sheltered spot just below. Enjoy panoramic views while resting. Bring enough water — there are no refill points on the upper trail. |
| Duration: | 45 min |
| Price: | 15 € |

## Afternoon Descent

Easy · Activity

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| Description: | Descend via the gentler southern trail through forest switchbacks. This route is less steep and offers shade, making it easier on the knees. Pass a mountain stream where you can refill water bottles. |
| Distance: | 5.0 km |
| Elevation Loss: | 650 m |
| Hiking Time: | 2h |

## Post-Hike Rest

Free Time

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| Description: | Rest at the trailhead area. Stretch, hydrate, and grab a drink at the nearby mountain hut or café if available. Good time to review photos from the hike. |
| Duration: | 1h 0min |

## Return Transfer

Transport

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| Description: | Transfer back to accommodation, included in the outbound transfer price. If time allows, a short detour to a viewpoint or the village below the trailhead is worth the twenty minutes. |
| Duration: | 1h 0min |

## What's Included

Info

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| Description: | Certified mountain guide for the day, return transfer between your accommodation and the trailhead, packed summit lunch with a hot drink, group safety equipment including a first-aid kit and emergency shelter, and loan of trekking poles if you don't bring your own. |

## What's Not Included

Info

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| Description: | Personal hiking equipment and clothing, travel and mountain-rescue insurance, drinks beyond the lunch hot drink, anything bought at the mountain hut on the way down, and gratuities. Microspikes are not included and are worth hiring separately before mid-June, when snow patches often remain on the upper traverse. |

## Insurance & Documents

Info

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| Description: | Travel insurance including mountain rescue and helicopter evacuation is mandatory and checked at the morning briefing — standard travel policies frequently exclude terrain above 2,000 m or anything described as via ferrata, so read the exclusions rather than the summary. Bring photo ID for the hut and your insurer's 24-hour emergency number, saved offline. No permits are needed for this route. |