

Adventure Day Trip

A full-day outdoor adventure combining a main activity (hiking, climbing, or canyoning), a secondary activity, and a sunset walk. Covers safety briefings, equipment, and practical logistics for a packed but well-paced day.

Day 1 — Adventure Day

Day Plan Overview

Info

Description:	Full-day outdoor adventure with three activities: a main morning challenge, a relaxed afternoon activity, and a sunset walk. Total active time approximately 7 hours. Participants need moderate fitness and comfortable outdoor clothing. All technical equipment provided.
Group Size:	4–10 participants, 1–2 guides
Fitness Requirement:	Moderate — a full day outdoors, 6 km on foot

Morning Departure

Transport

Description:	Early departure to the activity area. Pack all gear the night before — mornings are smoother when bags are ready. Bring sun protection, rain layer, and at least 2 liters of water per person.
Duration:	45 min
Start Time:	07:00

Main Morning Adventure

●●●●● Moderate

Activity

Description:	The main event — a guided hike to a summit, a climbing route, or a canyoning descent through a gorge. The specific activity depends on the location and season. Expect physical challenge, beautiful scenery, and a sense of achievement. The guide sets the pace and manages safety throughout.
Duration:	3h 0min
Distance:	6.0 km
Start Time:	08:00
Elevation Gain:	400 m

Safety Briefing

Info

Description:	Equipment check before the activity: helmets fitted, harnesses adjusted (if applicable), group communication signals reviewed. Emergency procedure: in case of injury, stabilize, call rescue (local emergency number), and wait at the nearest accessible point. Turnaround time is 12:00 regardless of progress — safety over summit.
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Packed Lunch in Nature

Meal

Description:	Lunch at a scenic spot near the morning activity area. Packed from the accommodation or prepared the night before. Sandwiches, fruit, nuts, and energy bars. Find shade, rest, and refuel before the afternoon.
Duration:	45 min
Price:	10 €

Afternoon Activity

●●●●● Easy

Activity

Description:

Relaxed afternoon activity — swimming in a natural pool or river, exploring caves, or a gentle nature walk. Lower intensity than the morning to let the body recover while still enjoying the outdoors. The guide chooses the best option based on conditions and group energy.

Duration:

2h 0min

Rest at Scenic Spot

Free Time

Description:

Downtime at a beautiful location — a lakeshore, riverbank, or meadow with a view. Nap, read, take photos, or simply absorb the landscape. This buffer time prevents the day from feeling rushed.

Duration:

45 min

Sunset Walk

●●●●● Easy

Activity

Description:

Short walk to a viewpoint for sunset. Easy terrain, no rush. Bring a warm layer — temperatures drop quickly after the sun goes down. A calm finish to an active day, and often the most memorable part.

Duration:

1h 0min

Dinner at Local Spot

Meal

Description:

Dinner at a nearby restaurant or grill spot. After a full day outdoors, appetite is strong — order generously. Share stories from the day's adventures. Local wine or craft beer recommended.

Price:

25 €

Start Time:

20:00

Return Transfer

Transport

Description:

Drive back to accommodation. Everyone will be pleasantly exhausted. Check nothing is left at the activity sites — gear, clothing, and phones have a way of being forgotten after a long day.

Duration:

45 min

What's Included

Info

Description:

One or two guides for the full day, all transport from pickup to drop-off including the moves between activity areas, technical equipment for the morning and afternoon activities, the packed lunch, and group safety equipment. The afternoon activity is chosen on the morning's conditions rather than fixed in advance, which is what lets this day run in mixed weather.

What's Not Included

Info

Description:

Personal clothing and footwear suited to a full day outdoors, the evening meal at the local restaurant, drinks beyond the water provided, travel insurance, and gratuities. Bring two litres of water per person: it is on the packing list because the refill points are not reliable.

Insurance & Documents

Info

Description:

Travel insurance covering outdoor activity is required. Bring photo ID and your insurer's emergency number, and tell the guides about any medication or allergy at the morning briefing rather than assuming the booking form reached them.