

7-Day Ski Touring Adventure

A week of backcountry ski touring through alpine wilderness. Hut-to-hut with significant avalanche awareness. Off-piste only — no resort skiing. For experienced skiers with touring equipment and avalanche training.

Day 1 — Arrival & Avalanche Safety

Transfer to Mountain Town Transport

Description:	Transfer to the mountain base town. Equipment check at the guide's office: touring skis, skins, boots, beacon, probe, shovel, harness.
Duration:	2h 0min
Price:	50 €

Mountain Town Hotel Accommodation

Description:	Last night in civilization for a week. Hotel with gear drying room and secure ski storage.
Price:	90 €
Address:	Ski Touring Base, Mountain Town
Check-in:	Invalid Date

Avalanche Safety Briefing ●●●●● Moderate Activity

Description:	Comprehensive avalanche safety session: reading the bulletin, terrain assessment, decision-making framework (3x3 filter), companion rescue. Practice transceiver search, probing, and shoveling in the field behind the hotel.
Duration:	3h 0min
Start Time:	14:00

Transceiver Protocol Info

Description:	All beacons set to same frequency. Check every morning: turn on, confirm SEND mode, group check (one SEARCH, others SEND). Search pattern: signal search (wide sweeps), coarse search (follow arrow), fine search (grid pattern). Probe in spiral from strongest signal. Dig downhill of victim. Target: 3-minute companion rescue.
Group Size:	4–6 tourers, 1 IFMGA guide
Fitness Requirement:	High — 6 touring days, 800–1,200 m ascent daily

Team Dinner Meal

Description:	Dinner and route briefing. Weather forecast, snow conditions, and hut reservation confirmations. Pack bags tonight.
Price:	30 €
Start Time:	19:00

Gear Prep Free Time

Description:	Pack touring packs. Skins trimmed and waxed. Boots in ski mode. Beacon, probe, shovel accessible at all times — not buried in the pack.
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Day 2 — First Touring Day

Skin Up to First Hut ●●●●● Challenging Activity

Description:	First touring day. Skin up from the valley through forest, then open slopes to the first mountain hut at 2,400 m. Steady pace — the group finds its rhythm. Kick turns on steeper sections. Rest every 45 minutes.
Distance:	12.0 km
Elevation Gain:	1000 m
Hiking Time:	5h
Start Time:	07:30

First Mountain Hut Accommodation

Description:	Staffed winter hut. Dormitory, half-board. Drying room for skins and boot liners. Order packed lunch for tomorrow.
Price:	70 €

Hut Dinner Meal

Description:	Hearty mountain dinner. Extra carbs for tomorrow's col crossing.
Start Time:	18:30

Evening Avalanche Assessment Info

Description:	Guide reviews tomorrow's terrain on the map. Check the evening avalanche bulletin. Discuss slope angles on the planned route. Decision: go/no-go for the col based on conditions.
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Day 3 — Col Crossing

Col Crossing — Hut to Hut ●●●●● Hard Activity

Description:	Long day: skin up to the col at 3,100 m, then descend to the next hut. The ascent involves steep skinning and a boot-pack section near the col. The descent is the reward — 800 m of untracked powder or spring snow depending on season.
Distance:	14.0 km
Elevation Gain:	900 m
Hiking Time:	7h
Start Time:	06:00

Avalanche Assessment — Col Route Info

Description:	Col approach: slope angles 30-38° on the north face — prime avalanche terrain. Space the group 30 m apart. One person crosses exposed sections at a time while others watch from safe zones. If recent wind loading visible (pillows, cornices), take the ridge alternative (adds 1.5 hours but avoids the face). Guide checks snowpack with pole test at key transitions.
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Col Lunch Meal

Description: Quick lunch in a wind-sheltered spot near the col. Energy food and hot tea from thermos. Don't linger — conditions change fast at 3,000 m.

Second Hut Accommodation

Description: Hut in the next valley at 2,300 m. Warm, welcoming after a demanding day. The descent earns every comfort.

Price: 70 €

Dinner Meal

Description: Celebration dinner. The col is done — the most technical challenge of the week.

Day 4 — Summit Day

Summit Push ●●●●● Hard Activity

Description: Summit the week's highest peak. Skin and boot-pack to the summit at 3,400 m. Exposed ridge approach — crampons and ice axe may be needed. The descent is the best ski run of the trip: 1,100 m vertical of varied snow.

Distance: 10.0 km

Elevation Gain: 1100 m

Hiking Time: 5h

Start Time: 05:30

Summit Conditions Info

Description: Cornice on the summit ridge — approach from the windward side. Turnaround time: 11:00. If cloud base drops below 3,000 m, abort. Rope-up for the final 100 m if icy. The north face descent has consistent slope angles of 35° — manage spacing and ski one at a time through the steep section.

Epic Descent ●●●●● Challenging Activity

Description: 1,100 m descent from summit to hut. Varied terrain: steep couloir, open bowl, tree runs in the lower section. The ski run of a lifetime if conditions are right.

Elevation Loss: 1100 m

Recovery at Hut Free Time

Description: Afternoon rest at the hut. Today earned it. Stretch, eat, sauna if available.

Duration: 2h 0min

Summit Dinner Meal

Description: Celebrate the summit. Share photos of the descent. Discuss conditions for the remaining days.

Day 5 — Weather/Flex Day

Flexible Day — Weather Dependent Info

Description: This day is held in reserve for weather delays or as a rest day. If conditions are good, a short tour from the hut. If weather is poor, a rest day with indoor activities. Ski touring requires flexibility — the mountain decides.

Short Tour or Rest ●●●●● Moderate Activity

Description: Depending on conditions: a gentle 3-hour tour to a nearby viewpoint, or a full rest day at the hut. Flexibility is key — the mountains don't follow schedules.

Elevation Gain: 600 m

Duration: 3h 0min

Hut Day Free Time

Description: Time at the hut: play cards, read the hut book, study maps, or nap. Mountain hut days have a charm of their own.

Duration: 4h 0min

Hut Meals Meal

Description: Lunch and dinner at the hut. Enjoy the rest — tomorrow is the final touring day.

Day 6 — Final Touring Day

Last Tour & Long Descent ●●●●● Challenging Activity

Description: Final skinning up: 700 m to a ridge with panoramic views of every peak climbed this week. Then the grand finale: a long descent all the way to the valley floor — 1,500 m vertical. Varied terrain from open bowls to forest glades to the final schuss to the road.

Distance: 16.0 km

Elevation Gain: 700 m

Elevation Loss: 1500 m

Hiking Time: 6h

Start Time: 07:00

Valley Hotel Accommodation

Description: Hotel in the valley town. Hot shower, real bed. The luxury of civilization after a week in the mountains.

Price: 90 €

Celebration Dinner Meal

Description: Grand celebration dinner. Stats: 5 touring days, 1 summit (3,400 m), approximately 4,500 m total ascent, 5,500 m total descent. Certificates of completion.

Price: 40 €

Evening in Town Free Time

Description: First evening in a town for a week. Bars, restaurants, shops. The re-entry to civilization is always slightly surreal after days in the mountains.

Day 7 — Departure

Farewell Breakfast Meal

Description: Final breakfast together. Exchange contacts, plan the next tour.

Return Transfer Transport

Description: Transfer to airport or station. Return rental touring equipment to the guide's office if applicable.

Duration: 2h 0min

Price: 50 €

Tour Summary Info

Description: Backcountry ski touring week complete. A rare and rewarding experience in true mountain wilderness. Recovery: no hard exercise for 5 days, stretch daily, eat well.

Equipment Return ●●●● Easy Activity

Description: Return rental ski touring equipment: skis, skins, boots, beacon, probe, shovel. Check for damage and report. Personal equipment: rinse skins, dry boots, wax skis.

Duration: 1h 0min

What's Included Info

Description: An IFMGA guide for seven days at a maximum of six tourers, six nights across a valley hotel and mountain huts on half board, hut reservations made and reconfirmed, avalanche safety equipment for the group including transceivers, shovels, probes and airbag packs, a rope and glacier kit where the route needs it, and the daily avalanche assessment that decides whether each day runs as planned.

What's Not Included Info

Description: Touring skis, skins, boots and poles — hireable locally from about 45 EUR per day; helmet; the single lift used on day one; travel to the valley town; travel and off-piste rescue insurance; drinks at the huts, which are cash only; and gratuities. Ski touring insurance is the expensive exclusion here and the one you cannot skip.

Insurance & Documents Info

Description: Insurance covering ski touring, off-piste and glacier travel with helicopter rescue is mandatory and is checked before departure. This is the most commonly excluded activity in travel insurance: policies that cover winter sports usually stop at the piste, and those that cover off-piste often exclude glacier terrain or unaccompanied touring. Read the wording rather than the headline. Bring photo ID, an alpine-club card if you hold one for reduced hut rates, and your insurer's 24-hour number on paper as well as on your phone.