

# 7-Day Cultural Discovery

A week-long cultural immersion across two cities with guided tours, cooking classes, artisan workshops, temple visits, and performing arts. Slow travel pace with scenic transport between bases. For travelers who want to understand a culture, not just photograph it.

## Day 1 — Arrival & First Impressions

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| <b>Airport Transfer</b> <span>Transport</span>                        |                                                                                                                                                                                                                                                                                                                                                    |
| Description:                                                          | Airport pickup and transfer to the hotel in City A. The driver points out landmarks along the route. First impressions of the city's rhythm — traffic patterns, architecture, vegetation, and street life all tell a story.                                                                                                                        |
| Duration:                                                             | 1h 0min                                                                                                                                                                                                                                                                                                                                            |
| Price:                                                                | 30 €                                                                                                                                                                                                                                                                                                                                               |
| <b>Boutique Hotel — City A</b> <span>Accommodation</span>             |                                                                                                                                                                                                                                                                                                                                                    |
| Description:                                                          | Boutique hotel in the historic quarter of City A. Traditional architecture with modern comforts. Rooms with courtyard views and local artwork. Breakfast included — featuring regional specialties. Walking distance to all Day 1-3 attractions.                                                                                                   |
| Price:                                                                | 95 €                                                                                                                                                                                                                                                                                                                                               |
| Address:                                                              | Heritage Quarter, Lotus Lane 12, City A                                                                                                                                                                                                                                                                                                            |
| Check-in:                                                             | Invalid Date                                                                                                                                                                                                                                                                                                                                       |
| <b>Cultural Trip Overview</b> <span>Info</span>                       |                                                                                                                                                                                                                                                                                                                                                    |
| Description:                                                          | Seven-day cultural journey across two cities. Days 1-3 in City A (historic quarter, temples, cooking class). Day 4: scenic transfer to City B. Days 5-6 in City B (sacred sites, performing arts, museums). Day 7: departure. Walking-focused with public transport for longer distances. Dress respectfully for temple and religious site visits. |
| Group Size:                                                           | 4-12 people, local guides in each city                                                                                                                                                                                                                                                                                                             |
| Fitness Requirement:                                                  | Light — walking cities, some stairs and hills                                                                                                                                                                                                                                                                                                      |
| <b>Orientation Walk</b> <span>●●●●● Easy</span> <span>Activity</span> |                                                                                                                                                                                                                                                                                                                                                    |
| Description:                                                          | First walk through the neighborhood around the hotel. The guide introduces the city's layout, points out useful landmarks (pharmacy, ATM, good coffee), and gives an overview of local customs and etiquette. A gentle introduction to the pace and feel of the city.                                                                              |
| Duration:                                                             | 2h 0min                                                                                                                                                                                                                                                                                                                                            |
| Start Time:                                                           | 16:00                                                                                                                                                                                                                                                                                                                                              |
| <b>Welcome Dinner</b> <span>Meal</span>                               |                                                                                                                                                                                                                                                                                                                                                    |
| Description:                                                          | Dinner at a restaurant specializing in traditional regional cuisine. The guide explains each dish and its cultural significance. Order family-style to try as many dishes as possible. A glass of the local drink to toast the week ahead.                                                                                                         |
| Price:                                                                | 25 €                                                                                                                                                                                                                                                                                                                                               |
| Start Time:                                                           | 19:00                                                                                                                                                                                                                                                                                                                                              |

## Day 2 — Historic Core

### Guided Tour — Historic Quarter

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| Description: | In-depth guided tour of the historic quarter: ancient temples, royal palaces, traditional merchant streets, and hidden alleyways. The guide shares stories that bring the buildings to life — not just what they are, but who built them, why, and what happened inside them over the centuries. |
| Duration:    | 3h 0min                                                                                                                                                                                                                                                                                          |
| Start Time:  | 09:00                                                                                                                                                                                                                                                                                            |

### Artisan Workshop Visit

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| Description: | Visit a traditional artisan workshop — pottery, weaving, lacquerwork, or calligraphy depending on the city's craft tradition. Watch master craftspeople at work, learn about techniques passed down through generations, and try your hand at a simple piece. Small purchases support the artisan directly. |
| Duration:    | 1h 30min                                                                                                                                                                                                                                                                                                    |
| Price:       | 15 €                                                                                                                                                                                                                                                                                                        |

### Traditional Lunch

Meal

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| Description: | Lunch at a family-run restaurant in the old quarter. The menu hasn't changed in decades — that's a good sign. Simple, honest cooking with local ingredients. The kind of meal tourists rarely find because it has no English sign. |
| Price:       | 12 €                                                                                                                                                                                                                               |

### Afternoon Independent Exploration

Free Time

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|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Description: | Free afternoon to explore at your own pace. The guide provides a walking map with numbered points of interest. Wander without a plan — the best discoveries in any city come from getting slightly lost. The old market closes at 17:00 — don't miss it. |
| Duration:    | 2h 30min                                                                                                                                                                                                                                                 |

### Night Market Dinner

Meal

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| Description: | Dinner at the night market — a dozen food stalls, each specializing in one dish perfected over years. The guide helps navigate the choices and explains the unfamiliar. Eat adventurously — this is where locals eat, not where tourists are directed. |
| Start Time:  | 19:00                                                                                                                                                                                                                                                  |

## Day 3 — Food & Crafts

## Cooking Class ●●●●● Easy Activity

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| Description: | Half-day cooking class at a local culinary school or home kitchen. Start with a market visit to buy ingredients — the instructor teaches how to select, smell, and negotiate. Then cook 3-4 traditional dishes from scratch. Hands-on instruction suitable for all skill levels. Recipe cards provided to take home. |
| Duration:    | 3h 0min                                                                                                                                                                                                                                                                                                              |
| Start Time:  | 09:00                                                                                                                                                                                                                                                                                                                |
| Price:       | 45 €                                                                                                                                                                                                                                                                                                                 |

## Class Details

**Description:** The class covers: ingredient selection at the morning market, knife skills and prep technique, 3-4 dishes cooked from raw ingredients, and plating. Dietary accommodations available — inform when booking. Vegetarian and vegan versions of all dishes possible. Recipes are provided in English. Aprons provided; wear comfortable shoes for the market walk.

## Eat What You Cooked

Description: The best part — sit down and eat everything you just cooked. A communal table with your fellow students. Compare results, share tips, and appreciate how much skill goes into 'simple' traditional cooking. Local drinks paired with each dish.

## Neighborhood Walk — Local Life ●●●●● Easy Activity

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| Description: | Afternoon walk through a residential neighborhood away from the tourist center. Local shops, street vendors, small temples, and corner cafés. This is where the guide's local knowledge really shines — stories about everyday life, customs, and the changes the city has seen. |
| Duration:    | 2h 0min                                                                                                                                                                                                                                                                          |

Rest or Shopping Free Time

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| Description: | Free time for rest, shopping, or a return visit to a favorite spot. The craft market near the hotel is best visited in late afternoon when vendors are less busy and more willing to explain their work. |
| Duration:    | 2h 0min                                                                                                                                                                                                  |

## Dinner Meal

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| Description: | Dinner at a restaurant chosen by the group — the guide offers three options ranging from fine dining to street food crawl. Last evening in City A — make it memorable. |
| Start Time:  | 19:00                                                                                                                                                                  |

# Day 4 — Travel Day & New City

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| <b>City A Check-out</b> <span>Accommodation</span>                              |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | Check out of the City A hotel. Leave bags with reception if the train departs later. A final morning coffee on the terrace to say goodbye to the neighborhood.                                                                                                                                                                                                                   |
| Check-out:                                                                      | Invalid Date                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Scenic Train to City B</b> <span>Transport</span>                            |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | Train journey from City A to City B. The scenic route passes through countryside, villages, and changing landscapes. Book seats on the right side for the best views. Bring snacks and a book — the journey is part of the experience, not a waste of time.                                                                                                                      |
| Duration:                                                                       | 4h 0min                                                                                                                                                                                                                                                                                                                                                                          |
| Price:                                                                          | 40 €                                                                                                                                                                                                                                                                                                                                                                             |
| Start Time:                                                                     | 10:30                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Train Travel Tips</b> <span>Info</span>                                      |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | Best views from the right side of the train (direction of travel). The food car serves basic meals and drinks — quality varies. Luggage racks are at the end of each car. Keep valuables in day bags on your lap. The train makes 3 stops — City B is the fourth and final. Platform announcements may be in the local language only — watch for the city name on station signs. |
| <b>Guesthouse — City B</b> <span>Accommodation</span>                           |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | Traditional guesthouse in City B's historic district. Family-run with local hospitality. Rooms are simple but clean and full of character. The owner speaks English and is a wealth of local knowledge. Courtyard garden for morning coffee.                                                                                                                                     |
| Price:                                                                          | 70 €                                                                                                                                                                                                                                                                                                                                                                             |
| Address:                                                                        | Garden District, Temple Street 5, City B                                                                                                                                                                                                                                                                                                                                         |
| Check-in:                                                                       | Invalid Date                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Orientation Walk in City B</b> <span>●●●●● Easy</span> <span>Activity</span> |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | First walk through City B. A different atmosphere from City A — note the architectural style, street layout, vegetation, and pace of life. The guide introduces the neighborhood, points out key landmarks, and sets the scene for the next three days.                                                                                                                          |
| Duration:                                                                       | 2h 0min                                                                                                                                                                                                                                                                                                                                                                          |
| Start Time:                                                                     | 16:00                                                                                                                                                                                                                                                                                                                                                                            |
| <b>City B Welcome Dinner</b> <span>Meal</span>                                  |                                                                                                                                                                                                                                                                                                                                                                                  |
| Description:                                                                    | Dinner at a local restaurant in City B. Different cuisine from City A — even within the same country, regional food traditions can differ dramatically. The guide explains what makes City B's food culture unique.                                                                                                                                                              |
| Price:                                                                          | 20 €                                                                                                                                                                                                                                                                                                                                                                             |

## Day 5 — Sacred Sites & Gardens

## Temple or Religious Site Tour ●●●● Easy Activity

Description: Morning visit to City B's most significant temple, mosque, church, or shrine. The guide explains the religious and cultural significance, architectural symbolism, and daily rituals. Observe respectfully — this is an active place of worship, not a museum.

Duration: 2h 30min

Start Time: 08:30

## Dress Code & Etiquette Info

**Description:** Dress code: cover shoulders and knees. Remove shoes before entering prayer halls (carry a bag for shoes). No hats inside sacred spaces. Photography may be restricted — ask before shooting. Do not point feet at religious images or figures. Silence or whispered conversation only. Small donation at the entrance is customary and supports maintenance.

## Gardens or Nature Walk ●●●●● Easy Activity

**Description:** Visit the city's botanical gardens, royal park, or riverside nature walk. A peaceful contrast to the busy streets. The guide shares knowledge about local plants, their traditional uses, and the garden's history. Bring binoculars if you enjoy birdwatching — city gardens are surprisingly rich in birdlife.

Duration: 2h 0min

## Lunch with a View Meal

**Description:** Lunch at a restaurant with a terrace overlooking the gardens or river. Slower pace today — linger over the meal. Try a dish you've never had before and ask the waiter to explain it.

Price: 15 €

**Afternoon Rest** Free Time

**Description:** Quiet afternoon for rest, reading, journaling, or revisiting a spot from the morning walk. Cultural immersion is absorbing — regular downtime helps process what you're experiencing.

Duration: 2h 30min

## Dinner Meal

**Description:** Dinner at a neighborhood restaurant recommended by the guesthouse owner. These personal recommendations always outperform restaurant guides. Try the house specialty.

Start Time: 19:00

# Day 6 — Museums & Performing Arts

## Museum — Art, History, or Ethnography Easy Activity

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| Description: | Morning at City B's best museum. The guide provides context for the most important exhibits. Understanding a culture's art and artifacts deepens every other experience of the trip. Focus on quality over quantity — three rooms seen deeply are better than ten rooms rushed through. |
| Duration:    | 2h 30min                                                                                                                                                                                                                                                                                |
| Start Time:  | 09:00                                                                                                                                                                                                                                                                                   |
| Price:       | 12 €                                                                                                                                                                                                                                                                                    |

## Museum Café Lunch Meal

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| Description: | Lunch at the museum café or a nearby restaurant. Discuss what resonated most in the morning's exhibits. Every group finds different things meaningful — the conversation is as valuable as the visit. |
| Price:       | 14 €                                                                                                                                                                                                  |

## Performing Arts Experience Easy Activity

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| Description: | Afternoon visit to a performing arts venue — a dance rehearsal, music school, or back-stage theater tour. See artists at work, understand the training and tradition behind the performance. Some venues allow brief participation — a drum lesson, a dance step, a vocal warm-up. |
| Duration:    | 2h 0min                                                                                                                                                                                                                                                                            |
| Price:       | 20 €                                                                                                                                                                                                                                                                               |

## Evening Cultural Performance Easy Activity

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| Description: | The cultural highlight of the trip: an evening performance of traditional dance, music, or theater. Book good seats — being close to the performers transforms the experience. The guide explains the story and significance beforehand so you can follow the narrative. |
| Duration:    | 2h 0min                                                                                                                                                                                                                                                                  |
| Start Time:  | 19:00                                                                                                                                                                                                                                                                    |
| Price:       | 30 €                                                                                                                                                                                                                                                                     |

## Farewell Dinner Meal

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| Description: | Farewell dinner at the best restaurant in City B. A celebration of the week's cultural journey. Share favorite moments, surprising discoveries, and changed perspectives. Toast to the people, places, and flavors that made this trip memorable. |
| Price:       | 35 €                                                                                                                                                                                                                                              |
| Start Time:  | 21:30                                                                                                                                                                                                                                             |

## Last Night in City B Free Time

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| Description: | Final evening. Walk the quiet streets, have a last drink at the corner bar, or sit on the guesthouse terrace. Tomorrow is departure — soak in the atmosphere one more time. |
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# Day 7 — Last Morning & Departure

## Sunrise or Dawn Market Visit ●●●●● Easy Activity

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| Description: | Early morning option: watch the sunrise from a hilltop viewpoint, or visit the dawn market where farmers and fishermen sell the day's first produce. The market is busiest between 06:00-07:00 — go early for the full experience. A perfect final memory of the city waking up. |
| Duration:    | 1h 30min                                                                                                                                                                                                                                                                         |
| Start Time:  | 06:00                                                                                                                                                                                                                                                                            |

## Farewell Brunch Meal

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| Description: | Brunch at the guesthouse or a final café visit. Eat slowly, remember the flavors, and appreciate how much you've learned about a culture through its food over seven days. |
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## Guesthouse Check-out Accommodation

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| Description: | Check out of the guesthouse. Thank the owner — in many cultures, the personal goodbye matters as much as the financial transaction. Leave a note in the guestbook. |
| Check-out:   | Invalid Date                                                                                                                                                       |

## Transfer to Airport Transport

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| Description: | Final transfer to the airport. The driver takes a scenic route through neighborhoods not yet explored — even on departure day, there's something new to see. Allow 2 hours before the flight. |
| Duration:    | 1h 0min                                                                                                                                                                                       |
| Price:       | 30 €                                                                                                                                                                                          |

## Cultural Summary & Return Ideas Info

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| Description: | Seven days across two cities — temples, markets, cooking classes, artisan workshops, museums, and performances. You've scratched the surface of a deep culture. For a return trip: the mountain villages (3-day extension), the coastal region (different cuisine and pace), and the annual festivals (check dates). Recommended reading and films to continue your cultural education from home. |
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## What's Included Info

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| Description: | Six nights across a boutique hotel and a guesthouse in two cities, second-class rail between them with seat reservations, local licensed guides in each city, entry to all listed museums and sites with timed tickets, the cooking class with ingredients, and four dinners including the farewell meal. |
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## What's Not Included Info

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|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Description: | International travel to the first city and home from the last, breakfasts where the accommodation does not include them, the remaining meals, temporary exhibitions, city tourist taxes collected per night by each property, public transport within the cities, laundry, and gratuities for guides and the cooking instructor. |
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## Insurance & Documents Info

### Description:

A passport valid for the duration, since both properties register documents for the tourist tax, and photo ID for concession rates at museums. Rail tickets are issued as reservations tied to named passengers — the name must match the passport exactly or the conductor can refuse the seat. Ordinary travel insurance is sufficient. Religious sites on day five enforce a dress code covering shoulders and knees.