

3-Day Hut-to-Hut Trek

A classic multi-day mountain trek staying at staffed mountain huts. Three days of hiking with progressive difficulty, covering ridge traverses and valley descents. Includes accommodation, meals, and practical hut information.

Day 1 — Approach & First Hut

Trek Overview Info

Description:	Three-day hut-to-hut trek covering 36 km with 1,900 m of ascent and 2,100 m of descent, finishing lower than it starts. Two nights in staffed mountain huts at around 2,200 m and 2,100 m. The route follows waymarked trails graded T2-T3, with chained sections on the day-two ridge. Sturdy boots, layered clothing and a headlamp are essential; a hut sleeping-bag liner is mandatory.
Group Size:	4-12 trekkers per guide
Fitness Requirement:	Good — 3 consecutive days, up to 6.5 h walking

Transfer to Trailhead Transport

Description:	Shuttle or private transfer to the starting trailhead. Road access ends at a parking area with basic facilities (toilet, water tap, information board).
Duration:	1h 30min
Price:	40 €
Start Time:	07:30

Approach Hike to First Hut ●●●● Moderate Activity

Description:	Steady ascent through forest and open meadows to the first mountain hut. The trail is well-marked and gains elevation gradually. A good warm-up day to settle into the rhythm of the trek. Water refill available at a spring about halfway up.
Distance:	12.0 km
Elevation Gain:	800 m
Hiking Time:	5h
Start Time:	09:00

First Mountain Hut Accommodation

Description:	Staffed mountain hut at approximately 2,200 m elevation. Dormitory-style sleeping with mattresses and blankets provided. Half-board includes dinner and breakfast. Bring your own sleeping bag liner — huts do not provide sheets.
Check-in:	Invalid Date
Check-out:	Invalid Date
Price:	65 €

Hut Facilities & Rules Info

Description:	Dormitory accommodation (8-12 beds per room). No showers — limited washing facilities with cold water only. Boots must be left in the boot room — bring hut shoes or sandals. Quiet hours from 22:00. Mobile phone signal is intermittent. Cash payment only at most mountain huts.
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Dinner at Hut Meal

Description:	Half-board dinner served at the hut. Typically a hearty mountain meal — soup, main course, and dessert. Communicate any dietary requirements to the hut warden upon arrival. Drinks are extra.
Start Time:	18:30
Price:	25 €

Day 2 — Ridge Traverse

Morning Ascent to Ridge ●●●●● Challenging Activity

Description:	The crux of the trek. A steep climb from the hut gains the main ridge at around 3,300 m, with two exposed chained sections on the upper third. Excellent views along the ridge in clear weather. An early start is not optional — the ridge is no place to be when afternoon cloud builds.
Distance:	8.0 km
Elevation Gain:	1100 m
Hiking Time:	4h
Start Time:	07:00

Packed Lunch on the Ridge Meal

Description:	Packed lunch prepared by the hut (order the evening before). Find a sheltered spot along the ridge to eat. Carry all waste out — no bins on the trail.
Duration:	40 min

Afternoon Traverse & Descent ●●●●● Moderate Activity

Description:	Follow the ridge path before descending into the next valley. The trail becomes gentler as you drop below the treeline. Watch for trail junctions — follow signs to the second hut, not the valley floor.
Distance:	6.0 km
Elevation Loss:	1200 m
Hiking Time:	3h

Second Mountain Hut Accommodation

Description:	Second overnight stay at a staffed hut at around 2,100 m, marginally lower than the first. Similar facilities — dormitory, half-board, boot room — plus a small terrace that catches the evening sun over the valley.
Price:	60 €
Check-in:	Invalid Date
Check-out:	Invalid Date

Dinner at Second Hut Meal

Description:	Half-board dinner on the terrace if the weather holds, in the dining room otherwise. Simpler than the first hut — usually a one-pot main with bread and a dessert. Drinks are extra and cash only.
Start Time:	18:00
Price:	24 €

Evening Rest Free Time

Description:	Free evening at the hut. Rest, stretch, tend to feet. Explore the area around the hut if energy allows — short walks to nearby viewpoints are often worthwhile. Review the next day's route on the map.
Duration:	1h 30min

Day 3 — Descent & Return

Morning Valley Descent ●●●● Easy Activity

Description:	Final descent from the hut through a forested valley to the road head. The trail is gentle and shaded — a relaxing finish to the trek. Cross a wooden bridge over the river about halfway down. Allow time to enjoy the final views.
Distance:	10.0 km
Elevation Loss:	900 m
Hiking Time:	3h
Start Time:	07:30

Lunch at Trailhead Village Meal

Description:	Celebratory lunch at a restaurant in the valley village. Good selection of local cuisine. A chance to recharge before the transfer back.
Price:	18 €

Village Exploration ●●●● Easy Activity

Description:	Short stroll through the trailhead village. Visit the local church, small museum, or souvenir shops. A nice way to wind down after three days on the trail.
Duration:	45 min

Return Transfer Transport

Description:	Shuttle or private transfer back to the starting point or onward destination. Consider a stop at a mountain lake or thermal bath along the way.
Duration:	1h 30min
Price:	40 €

Post-Trek Recovery Info

Description:	Stretch thoroughly after the trek. Hydrate well and eat a balanced meal. Consider a hot bath or sauna if available. Feet should be aired and any blisters treated. Light walking over the next day helps with recovery.
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What's Included Info

Description:	Certified mountain guide for three days, both transfers, two nights of half-board in staffed huts, the day-two packed lunch ordered from hut one, hut reservations made and confirmed on your behalf, and group safety equipment including a first-aid kit, rope and helmets for the chained sections.
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What's Not Included Info

Description:

Personal equipment and clothing, the mandatory hut sleeping-bag liner, travel and mountain-rescue insurance, all drinks at the huts, the day-three village lunch, and gratuities for the hut wardens. Huts take cash only — budget roughly 20 EUR per night for drinks and extras, as there is no card machine and no cash point above the valley.

Insurance & Documents Info

Description:

Travel insurance covering mountain rescue and helicopter evacuation is mandatory. Check the altitude ceiling on your policy — the day-two ridge reaches about 3,300 m and many standard policies stop at 3,000 m, and the chained sections are often written into the exclusions as via ferrata. Bring photo ID for hut registration and an alpine-club card if you hold one, which reduces the hut rate. No permits are required.