

10-Day Remote Expedition

A serious ten-day expedition into uninhabited territory requiring portage, satellite communication, and complete self-sufficiency. Includes river crossings, technical terrain, a summit push, and comprehensive emergency protocols.

Day 1 — Staging & Preparation

Expedition Briefing

Info

Description:	Ten-day expedition into uninhabited wilderness. 120 km total. No resupply points. All food, fuel, and equipment carried by the team and porters. Satellite phone for communication, PLB for emergencies. Participants must have extended wilderness experience.
Group Size:	4–8 participants, 2 guides, 4 porters
Fitness Requirement:	High — 10 days remote, no road access midway

Staging Town Guesthouse

Accommodation

Description:	Simple guesthouse in the staging town. Last building before the wilderness. Buy final supplies at the local market: fresh vegetables (Day 1-3), bread, batteries.
Price:	40 €
Address:	Main Road, Staging Town

Supply Run & Team Assembly

 Easy Activity

Description:	Morning: final shopping at the local market. Afternoon: meet porters, distribute loads, check all equipment. Weigh every pack. Brief the entire team (guides, porters, participants) on the route, daily schedule, and emergency procedures.
Duration:	4h 0min

Team Dinner

Meal

Description:	Last restaurant meal for 10 days. Eat well. The porters join for dinner — team bonding before the wilderness.
Price:	15 €

Day 2 — Transfer & First Trek

4x4 Transfer to Roadhead

Transport

Description:	4x4 convoy on deteriorating roads to the roadhead — the last vehicle access point. Road may require winching in wet conditions.
Duration:	5h 0min
Price:	150 €
Start Time:	05:00

Road Conditions Info

Description: Last 30 km unpaved, final 10 km 4x4 only. Washed-out section at km 45 may require winching — carry recovery straps. If impassable, trek starts 10 km earlier (adds 3 hours to Day 2). Backup: notify extraction team of adjusted roadhead position.

First Trek to Base Camp ●●●●● Moderate Activity

Description: Trek from roadhead through forest to the first camp. Well-defined trail for the first 5 km, then bush track. Porters carry the heavy loads; participants carry day packs.

Distance: 8.0 km

Hiking Time: 3h

Start Time: 13:00

Base Camp Accommodation

Description: Establish base camp at the forest-meadow transition. Flat ground, water from stream, windbreak from trees. This is the last comfortable camp — enjoy the space.

Camp Dinner Meal

Description: First expedition dinner. Fresh food tonight — heavy perishables used first. Hot soup and main course. Brief for tomorrow's route.

Day 3 — Forest & River

Forest Trek & First River Crossing ●●●●● Challenging Activity

Description: Trek through dense forest with one major river crossing. The river is knee-to-thigh deep with a moderate current. Linked crossing formation. Pack hip belts unbuckled.

Distance: 16.0 km

Elevation Gain: 500 m

Hiking Time: 6h

Start Time: 06:30

River Crossing Setup Info

Description: Guide scouts the crossing point: read the water (smooth surface = deep, ripples = shallow). Crossing formation: strongest upstream, lightest in middle, linked arms facing upstream. Unbuckle ALL pack straps before crossing. If water exceeds waist height, rig a handline from bank to bank.

Wild Camp — River Terrace Accommodation

Description: Camp on a river terrace above flood level. Good water access, flat ground. Dry wet boots by the stove.

Camp Dinner Meal

Description: Dehydrated meals supplemented with remaining fresh food. Hot drinks critical for morale.

Satellite Check-In Info

Description: 20:00 satellite phone check-in with base. Report: position (GPS coordinates), team condition, weather observed. Receive updated forecast for tomorrow.

Day 4 — Climbing to High Ground

Ascent Through Jungle to Ridge ●●●●● Challenging Activity

Description: Leave the river valley and climb steeply through dense vegetation to gain the ridge. Some machete work may be needed. The terrain opens above the treeline revealing the objective peak ahead.

Distance: 12.0 km

Elevation Gain: 800 m

Hiking Time: 5h

Start Time: 06:00

Wild Camp — High Plateau Accommodation

Description: Camp at 3,000 m on an exposed plateau. Rock windbreaks needed. Water from snowmelt streams. Cold night.

Camp Dinner Meal

Description: Hot meal and extra soup. Altitude affects appetite — eat anyway. Hydrate aggressively.

Camp Evening Free Time

Description: Early to bed. Tomorrow is the technical day — ropes, scrambling, and the cliff traverse.

Day 5 — Technical Day

Scrambling & Cliff Traverse ●●●●● Hard Activity

Description: The most technical day: scrambling up a rocky rib, traversing a narrow cliff ledge (roped), and crossing a boulder field. Hands-on terrain requiring concentration and teamwork. Porters take the lower alternative with loads.

Distance: 8.0 km

Elevation Gain: 600 m

Hiking Time: 6h

Start Time: 06:00

Wild Camp — Sheltered Hollow Accommodation

Description: Camp in a glacial hollow at 3,500 m. Natural wind shelter. Water from nearby tarn (purify). Prepare everything for summit bid on Day 7.

Camp Dinner Meal

Description: Hot meal. Extra rations tonight — summit day calories need banking.

Summit Day Planning Info

Description: Rest day tomorrow at this camp, then summit push on Day 7. Review weather window. Pack summit packs tonight: rope, harness, ice axe, crampons, emergency bivvy, food, water, first aid.

Day 6 — Rest & Preparation

Rest Day at High Camp Free Time

Description: Mandatory rest before summit. Gentle movement around camp, equipment checks, hydration. Acclimatization at 3,500 m is critical for tomorrow's push to 4,000+ m.

Duration: 5h 0min

Equipment Check & Rope Practice ●●●●● Easy Activity

Description: Check all summit equipment: crampons fitted, ice axes sharp, harnesses tested, rope systems practiced. Brief the summit route: departure time, turnaround time, emergency protocol.

Duration: 2h 0min

Early Dinner & Sleep Meal

Description: Early dinner at 17:00. Sleep by 19:00. Alarm at 03:00 for summit day. Everything packed and ready by the tent door.

Start Time: 17:00

Day 7 — Summit Push

Summit Attempt ●●●●● Hard Activity

Description: The main objective. Pre-dawn start with headlamps. Steep snow and rock to the summit ridge. Rope up for the final section. The summit is small and exposed — brief stop for photos and celebration, then descend immediately.

Distance: 6.0 km

Elevation Gain: 700 m

Hiking Time: 5h

Start Time: 03:30

Summit Protocol Info

Description: Turnaround: 11:00, regardless of position. Weather abort: visibility below 50 m or lightning within 10 km. Rope teams of 3 on the summit ridge. Emergency bivouac point: the rock shelter at 3,800 m. If summit team is not back at camp by 15:00, initiate search from camp.

Descent to High Camp ●●●●● Challenging Activity

Description:	Descend the same route. Concentration required — most accidents happen on descent when tired. Rope stay on until below the technical section. Return to camp for late lunch and rest.
Elevation Loss:	700 m
Hiking Time:	3h

Celebration Camp Dinner Meal

Description:	Hot meal after the summit. Break out the celebration supplies (hidden in the porter loads). You did it.
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Day 8 — Descent & Alternate Exit

Descent via Alternate Route ●●●●● Challenging Activity

Description:	Descend from high camp via a different route than the approach. Steeper but more direct. Scree fields, then grassy slopes, then forest. Lost altitude quickly.
Distance:	14.0 km
Elevation Loss:	1200 m
Hiking Time:	5h
Start Time:	07:00

Wild Camp — Forest Accommodation

Description:	Camp in the forest at 2,000 m. Warm after days at high altitude. Abundant water and flat ground. Relax into the descent.
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Camp Dinner Meal

Description:	Penultimate camp dinner. Use remaining fresh-ish supplies. Hot drinks and early bed.
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Extraction Confirmation Info

Description:	Satellite phone call to confirm extraction vehicle for Day 10. Report position and expected arrival time at the extraction point.
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Day 9 — Trek to Extraction Point

Long Trek Out ●●●●● Moderate Activity

Description:	Long but easy day through the forest to the extraction road. The trail improves as you approach civilization. Cross the final river (easy ford) and emerge at the road head.
Distance:	18.0 km
Elevation Loss:	800 m
Hiking Time:	6h
Start Time:	06:30

Roadhead Camp Accommodation

Description: Final camp at the roadhead. Simple flat ground near the parking area. The proximity of a road feels strange after 8 days in wilderness.

Last Camp Dinner Meal

Description: Last camp dinner. Use up all remaining food. The traditional expedition tradition: the most creative meal from whatever's left.

Final Camp Evening Free Time

Description: Last night under the stars. Reflect on 9 days of wilderness. The silence is about to end.

Day 10 — Extraction & Debrief

4x4 Pickup & Return Transport

Description: Extraction vehicle arrives at 14:00. Load all gear and personnel. Long drive back to the staging town. First hot coffee at the roadside stop is unforgettable.

Duration: 5h 0min

Price: 150 €

First Real Meal Meal

Description: First restaurant meal in 10 days. Order everything. Eat slowly. Appreciate civilization.

Price: 20 €

Expedition Debrief Info

Description: Expedition complete: 120 km, 10 days, 1 summit, 3 river crossings, 7 wild camps. Clean all group equipment within 24 hours. Completion certificates issued.

Hot Shower & Sleep Free Time

Description: The first hot shower in 10 days. A real bed. The wilderness is over, but it stays with you forever.

What's Included Info

Description: Two guides and a four-porter team for ten days, return 4x4 transfers, all group camping and cooking equipment, all meals from the day-one dinner, water treatment, porter wages and their equipment and insurance, and safety equipment including a satellite communicator, pulse oximeter, comprehensive first-aid kit and emergency shelter.

What's Not Included Info

Description: Personal equipment — rucksack, sleeping bag, mat, boots and clothing, all hireable on request — plus travel to the meeting point, travel and remote-area evacuation insurance, and gratuities for guides and porters. There is no resupply and no road access between day two and day nine: what walks in is what the expedition has.

Insurance & Documents Info

Description:

Insurance covering remote-area trekking and helicopter evacuation is mandatory, and on this route it is the difference between a bad day and a catastrophe: from day four the only way out is a two-day walk or an aircraft. Check the policy's remote-area and altitude wording rather than its headline. Bring photo ID, your insurer's 24-hour number on paper, and written notes of medication and allergies.